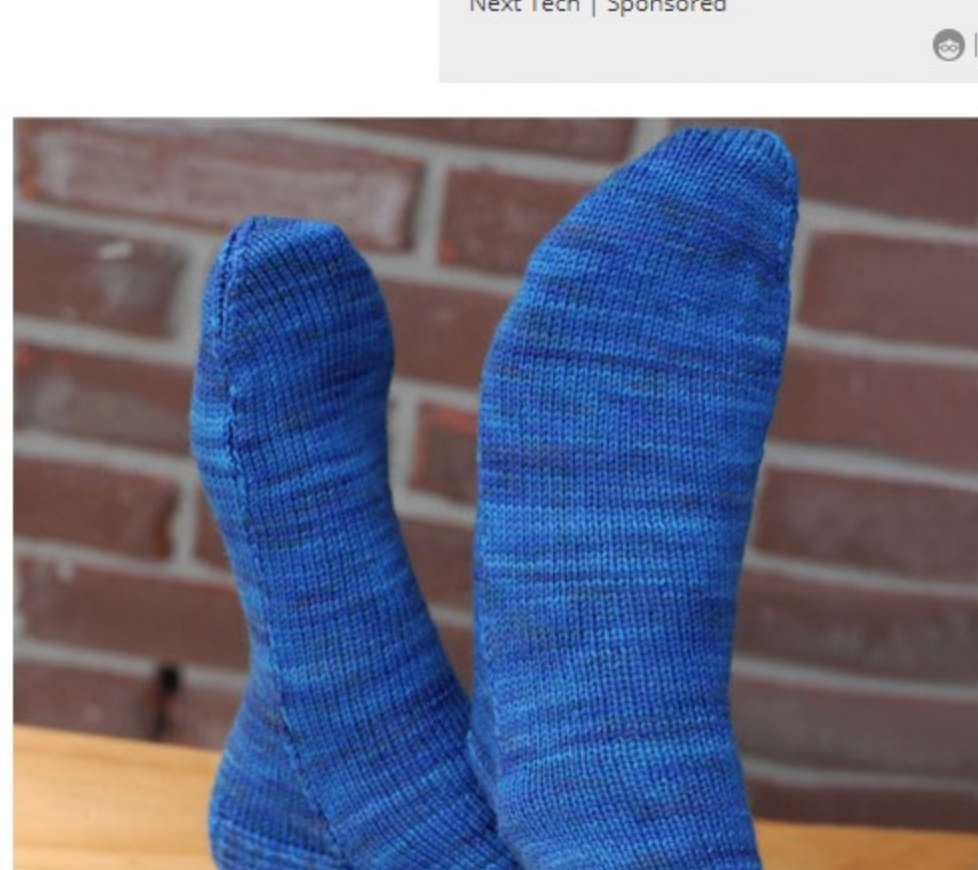


# The Basic Flat Sock Pattern

This basic pattern is for a flat sock in fingering weight yarn and employs the gusset heel and basic toe instructions. You can substitute a short-row heel for the gusset heel.



## Specifications

- **Size:** Child M (Child L/W Sm, W Med, W Lrg/M Sm, M Med, M Lrg)
- **Materials:** 200 (250, 300, 350, 400, 450) yd. of fingering weight yarn  
US 1 (2.25mm) straight or circular needles, or size to obtain gauge
- **Gauge:** 8 sts and 10 rounds = 4 inches square in St st

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## Pattern stitches

### Flat 1 x 1 Ribbing:

Row 1: \* K1, p1 \*, rep from \* to \* to end of row.

Row 2: \* K1, p1 \*, rep from \* to \* to end of row.

Rep rows 1 and 2 for patt.

### Flat Stockinette Stitch:

Row 1: Knit.

Row 2: Purl.

Rep rows 1 and 2 for patt.

## Directions for basic flat sock pattern (make 2)



**1** Cast on 56 (60, 64, 68, 72, 76) sts using the desired cast-on method.

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**2** Work 1 x 1 ribbing until piece measures 1 inch from beg.

**3** Continue even in St st until piece measures 5.5 (6, 6.5, 7, 7.5, 8) inches from beg or desired length to top of heel.

**4** Work the instep over the center 28 (30, 32, 34, 36, 38) sts.

**4.1** Next row (RS): K 42 (45, 48, 51, 54, 57) sts. Place last 14 (15, 16, 17, 18, 19) sts on a holder or piece of scrap yarn. Turn.

**4.2** Next row (WS): P 28 (30, 32, 34, 36, 38) sts. Place last 14 (15, 16, 17, 18, 19) sts on a holder or piece of scrap yarn. Turn.

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**4.3** Work even on these 28 (30, 32, 34, 36, 38) sts in St st until the instep measures 5.5 (6.5, 7.5, 8, 8.5, 9) inches from the heel split, or 2 inches less than the desired foot length.

**5** Work the upper toe.

**5.1** Row 1 (RS): K1, ssk, k to last 3 sts, k2tog, k1.

**5.2** Row 2 (WS): Purl.

**5.3** Rep rows 1 and 2 until 14 (15, 16, 17, 18, 19) sts rem.

**5.4** Row 3 (RS): K1, ssk, k to last 3 sts, k2tog, k1.

**5.5** Row 4 (WS): P1, p2tog, p to last 3 sts, p2tog tbl, p1.

**5.6** Rep rows 3 and 4 until 6 (6, 8, 8, 10, 10) sts rem.

**5.7** Place these sts on a holder or piece of scrap yarn.

**6** Work the gusset heel over 28 (30, 32, 34, 36, 38) sts.

**6.1** Place 14 (15, 16, 17, 18, 19) sts from each side of instep onto one needle, with split at center. Join yarn with right side facing.

**6.2** Row 1 (RS): \* K1, sl 1 \*, rep from \* to \* across.

**6.3** Row 2 (WS): Sl 1, p across.

**6.4** Rep rows 1 and 2 until you work 28 (30, 32, 34, 36, 38) rows in total.

**7** Turn the Heel

**7.1** Row 1: K 16 (17, 18, 19, 20, 21) sts, ssk, k1, turn.

**7.2** Row 2: Sl 1, p5, p2tog, p1, turn.

**7.3** Row 3: Sl 1, k to 1 st before gap, ssk (1 st from each side of gap), k1, turn.

**7.4** Row 4: Sl 1, p to 1 st before gap, p2tog (1 st from each side of gap), p1, turn.

**7.5** Rep rows 3 and 4 until you work all heel sts, ending if necessary on the last rep with k2tog and p2tog.

**7.6** 16 (18, 18, 20, 20, 22) sts rem. Break yarn, leaving sts on needle.

**8** Make the gusset.

**8.1** With right side facing, rejoin yarn at top of heel flap.

**8.2** Next row (RS): Pick up and k 14 (15, 16, 17, 18, 19) sts along side of heel flap, k 16 (18, 18, 20, 20, 22) sts, pick up and knit 14 (15, 16, 17, 18, 19) sts along other side of heel flap.

**8.3** Next row (WS): Purl.

**9** Make the decrease for the gusset.



**9.1** Row 1 (RS): K1, ssk, k to last 3 sts, k2tog, k1.

**9.2** Row 2 (WS): Purl.

**9.3** Rep rows 1 and 2 until 28 (30, 32, 34, 36, 38) sts rem.

**9.4** Work even on these sts until piece measures 5.5 (6.5, 7.5, 8, 8.5, 9) inches from the back of the heel, or 2 inches less than desired total foot length.

**10** Make the lower toe.



**10.1** Row 1 (RS): K1, ssk, k to last 3 sts, k2tog, k1.

**10.2** Row 2 (WS): Purl.

**10.3** Rep rows 1 and 2 until 14 (15, 16, 17, 18, 19) sts rem.

**10.4** Row 3 (RS): K1, ssk, k to last 3 sts, k2tog, k1.

**10.5** Row 4 (WS): P1, p2tog, p to last 3 sts, p2tog tbl, p1.

**10.6** Rep rows 3 and 4 until 6 (6, 8, 8, 10, 10) sts rem.

**10.7** Place these sts on a holder or piece of scrap yarn.

**10.8** With yarn threaded on darning needle, sew center back leg seam. Sew foot side seams.

**10.9** Graft or gather toe.

**10.10** Weave in ends and block.

You can flatten the seams inside your flat sock to make them more comfortable. Turn the sock inside-out and cover with a damp cloth, then lightly press the seams with a warm iron.