

# Simple Socks for Ladies on Two Circular Needles

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Knitting socks have become the National Pastime of knitters all over the world! This pattern was designed to introduce you to sock construction on two circular needles. I have written the instructions to be very clear, and detailed to the row. Once you have mastered the technique, I have included a little Sock Crib Sheet on the last page...it is the simplest form of the pattern so you can print it out, laminate, and throw it in your knitting bag. This pattern was influenced by Cat Bordhi's "Socks Soar on Two Circular Needles". Don't walk, run to your LYS and pick up a copy once you feel comfortable with the technique, many cool patterns await!



## Materials:

400 yards sock yarn  
2- US size 1 Circular Needles 24"  
long  
2 markers  
Darning Needle

## Finished Size:

7.5" (8.5", 9") foot circumference

## Gauge:

7.5-8 stitches to 1" on US Size 1 needles.

## Pattern Note:

I refer to your needles as Needle 1 and Needle 2. You will always knit from Needle 1 to Needle 1, and vice versa for Needle 2. There is only one point in the pattern you do knit from Needle 1 to Needle 2...that is in the gusset, and it is noted accordingly. If you accidentally knit from one needle to the other, do your best to get the same number of stitches back on to the empty needle.

**Leg:** Cast on 60 (68, 72) stitches. Divide stitches between needles, K2 P2 for 2 inches, knit until leg is 6". (for all ribbed sock, continue to knit in K2 P2 ribbing for 6").

## Heel Flap:

Row 1: Sl 1 as if to purl \*(k1, sl 1 as if to knit), repeat from \*, end in k1

Row 2: Sl 1 as if to purl, p to end of row

Continue rows 1 and 2 for 30 rows total.

## Turning Heel:

Row 1: K 17 (17, 20), ssk, k1, turn

Row 2: Sl 1, p5, p2tog, p1, turn

Row 3: Sl 1, k6, ssk, k1, turn

Row 4: Sl 1, p7, p2tog, p1, turn

Row 5: Sl 1, k8, ssk, k1, turn

Row 6: Sl 1, p9, p2tog, p1, turn

Row 7: Sl 1, k10, ssk, k1, turn

Row 8: Sl 1, p11, p2tog, p1, turn

Row 9: Sl 1, k12, ssk, k1, turn

Row 10: Sl 1, p13, p2tog, p1, turn

Row 11: Sl 1, k14, ssk, k1, turn

Row 12: Sl 1, p15, p2tog, p1, turn

Row 13: k 18 (19, 20)

## Picking up gusset stitches:

-With Needle 1 (the needles you just finished with) Pick up 15 sts in the loops along heel flap, and one extra just before instep stitches.

-With end of same needle, transfer 9 (9, 10) heel sts to other end of Needle 2.

- Place marker after picked up sts. Knit across 15 (17, 18) instep stitches that are resting on Needle 2 using Needle 1..

(Note: if you are making the all ribbed option, maintain the ribbing as you knit the stitches on Needle 2)

-With Needle 2, knit across the second 15 (17, 18) instep stitches. Place marker.

-Pick up 16 stitches, then knit 9 (10, 10) heel turn stitches.

- K one round

- K 9 (9, 10); K 14 through back loops; K2tog (marker is here), K 30 (34, 36) instep stitches (marker is here); ssk; K 14 through back loops, K 9 (10, 10).

### **Sock Gusset:**

Rnd 1: K21 (21, 22) , k2tog, k1 (marker is here) k30(34, 36), (marker is here) k1, ssk, k21

Rnd 2: k

Rnd 3: k20 (20, 21), k2tog, k1, k30 (34, 36), k1, ssk, k20 (20, 21)

Rnd 4: k

Rnd 5: k 19 (19, 20), k2tog, k1, k30 (34, 36), k1, ssk, k19 (19, 20)

Rnd 6: k

Rnd 7: k18 (18, 19), k2tog, k1, k30(34, 36), k1, ssk, k18 (18, 19)

Rnd 8: k

Rnd 9: k17 (17, 18), k2tog, k1, k30(34, 36), k1, ssk, k17 (17, 18)

Rnd 10: k

Rnd 11: k16 (16, 17), k2tog, k1, k30(34, 36), k1, ssk, k16 (16, 17)

Rnd 12: k

Rnd 13: k15 (15, 16), k2tog, k1, k30(34, 36), k1, ssk, k15 (15, 16)

Rnd 14: k

### **Sizes Small and Large Only**

Rnd 15: k14 (x, 15), k2tog, k1, k30(x, 36), k1, ssk, k14(x, 15)

Rnd 16: k

### **Sizes Small Only:**

Rnd 17: k13 (13), k2tog, k1, k30(34), k1, ssk, k13(13)

Rnd 18:K

60 (68, 72) sts remain, 30(34, 36) each needle

Knit all rounds until sock is 2 “ short of foot.

### **Toe:**

Rnd 1:\* K 12 (13, 15) k2tog, k2, ssk, K 12(13, 15)\* Repeat on Needle 2

Rnd 2: K

Rnd 3: K 11(12, 14)..

Rnd 4: K

Rnd 5: K 10(11, 13)...

Rnd 6: K

Rnd 7:K 9(10, 12)...

Rnd 8: K

Rnd 9: K8(9, 11)...

Rnd 10: K

Rnd 11: K7(8, 10)...

Rnd 12: K

Rnd 13: K6(7, 9)...

Rnd 14: K

Rnd 15: K5(6, 8)...

Rnd 16: K

Rnd 17: K4(5, 7)...

Rnd 18: K

Rnd 19: K3(4, 6)...

Rnd 20: K

### **Medium and Large Sizes Only:**

Rnd 21: Kx(3, 5)...

Rnd 22: K

### **Large Size Only:**

Rnd 23: Kx(x, 4)...

Rnd 24: K

Rnd 21: Kx(x, 3)...

Rnd 22: K

(10 sts remain on each needle)

K 5 sts more, rearrange the sts so that the sock lies face-front on the needles rather than in profile.

### **Toe Grafting:**

Put one half of your stitches on one needle and half on another. The points should be pointed in the same direction, sock front to back (not in profile). With a tapestry needle threaded with your yarn, work the following:

Near needle: Insert needle as if to knit and drop off needle, insert needle into next stitch as if to purl and leave it on the needle.

Far Needle: Insert needle as if to purl and drop off the needle, insert needle into next stitch as if to knit and leave on the needle.

Alternate these two rows until all stitches are used up. Weave in ends, and wear socks in good health!

# Socks on Two Circ's Crib Sheet

Print, cut, laminate, toss in your knitting bag, and knit socks wherever you go!

## Socks on Two Circ's Crib Sheet

Leg: Cast on 60 (68, 72) sts, rib for 2"

### Heel Flap:

Row 1: Sl 1 as if to purl \*(k1, sl 1 as if to knit), repeat from \*, end in k1

Row 2: Sl 1 as if to purl, p to end of row  
Continue rows 1 and 2 for 30 rows total.

### Turning Heel:

Row 1: K 17 (17, 20), ssk, k1, turn

Row 2: Sl 1, p5, p2tog, p1 turn

Row 3: Sl 1, k6, ssk, k1 turn

Row 4: Sl1, p7, p2tog, p1, turn

Continue working in manner until no more sts to work together. Row 13: k 18 (19, 20)

### Picking up gusset stitches:

-With Needle 1 (the needles you just finished with) Pick up 16 sts in the loops along heel flap.

-With end of same needle, transfer 9 (10, 10) heel sts to other end of Needle 2.

- Place marker after picked up sts. Knit across 15 (17, 18) instep stitches that are resting on Needle 2 using Needle 1.

(Note: is you are making the all ribbed option, maintain the ribbing as you knit the stitches on Needle 2)

-With Needle 2, knit across the second 15 (17, 18) instep stitches. Place marker. Pick up 16 stitches, then knit 9 (10, 10) heel turn stitches. K one round

- K 9 (9, 10); K 14 through back loops; K 2tog (marker is here), K 30 (34, 36) instep stitches (marker is here); ssk; K 14 through back loops, K 9 (10, 10).

Work as set until 60, 68, 72 sts remain, K all rounds until sock is 2" short of foot.

### Toe:

Rnd 1:\* K 12 (13, 15) k2tog, k2, ssk, K 12(13, 15)\* Repeat on Needle 2

Rnd 2: K

Rnd 3: K 11(12, 14)..

Rnd 4: K

Rnd 5: K 10(11, 13)...

Work as set until 10 sts remain.

### Toe Grafting:

Put one half of your stitches on one needle and half on another. The points should be pointed in the same direction.

With a tapestry needle threaded with your yarn, work the following:  
Near needle: Insert needle as if to knit and drop off needle, insert needle into next stitch as if to purl and leave it on the needle.  
Far Needle: Insert needle as if to purl and drop off the needle, insert needle into next stitch as if to knit and leave on the needle.