



the making, I feel that bit more excited to finally be able to wear it. So it's not all bad.

My striped scarf is knitted from Icelandic wool that I picked up in Reykjavik. I remember really wanting to buy a knitted jumper or scarf when I was there, but the prices were MEGA. So I took the thrifty route and decided to knit my own, from the same wool! Icelandic wool is really warm and insulating, with beautifully a muted colour (I wish I'd bought more when I had the chance!).

very hard on this project; just adding the odd row every now and then. But still, 18 months to knit a scarf?! Major kudos to people who can whip them up in a day or two! However, since it's been such a long time in

Anyway, with my scarf finally complete and the weather starting to get pretty chilly, it seemed like the perfect time to share the pattern so you can make your own. It's a nice easy project, perfect for a chilled weekend in front of Netflix.



Wide eye sewing needleOptional: crochet hook to help add tassels

Easy mens scarf knitting pattern

1. Cast on 35 stitches in yarn 1.

US 10 / 6mm knitting needles

Sharp scissors

What to do

K1 for 34 rows.

stitch it in later.

4. K1 for a further 33 rows.

Supplies

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100g (100m) ball of yarn in one colour (referred to below as "yarn 1")

• 100g (100m) ball of yarn in another colour (referred to below as "yarn 2")

Note: the gauge of my yarn for this knitting pattern was 18 rows/11 stitches per 10cm/4" square.

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For my scarf, I knitted a total of 8 blocks of colour (4 of each).

7. Once you finish your final block of colour, cast off all stitches.

the matching coloured section of the scarf, then tie them off.

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5. On the next row, swap the colours back to yarn 1.6. Repeat this process of knitting 33 rows and swapping colour, until you reach your desired scarf length.

You will now have the basic scarf, with loose ends of yarn at each place that the colours swap. One by one, thread these loose ends onto a wide-eyed needle and use a basic running stitch to sew them into

Finally, it's time to create the tassels on the end of the scarf. (If you get a bit confused here, then this video illustrates the process really well). Start by cutting 4 pieces of yarn 1, each one measuring 8cm

On the next row, feed in yarn 2 and K1 to the end. This will effectively swap the yarn colour, leaving a

loose end of yarn 1. (To see a video of this process, click here). Leave this loose end for now; you will

- long. Hold them all neatly together and fold them all in half. Gently tease a small opening in the very centre of one end of the scarf, and thread the folded yarn pieces through it (use a crochet hook if it's a bit fiddly). Feed the ends of these yarn pieces through the loop that's created by the fold, and tighten
- yarn colour.

them to hold them in place. Repeat a further 6 to 8 times, spacing each tassel out evenly, until you've filled the end of the scarf. Repeat this whole process for the other end of the scarf, using the other



