



Branching off

Toe up on one circular needle

Needle – 40” circular size 1, 2.25mm. These socks are knit two at a time on 1 circular but if you prefer you can knit them on 2 circulars or dpns.

Yarn – Knit Picks Gloss, 2 skeins, 440 yards (I used all of it)

Gauge – 22st = 4”

Abbreviations:

K – knit

P – purl

Ktbl – knit in back of stitch

K2tog – knit 2 stitches together

Pssso - pass slipped stitch[es] over

ssk – slip 2 stitches as if to knit, then knit those 2

stitches together

Yo – yarn over

Ssk and pass - ssk, return this stitch back to the left needle, sl next stitch over the ssk st and sl back on right needle

SRW - slip 1, bring yarn forward, move slipped stitch back to left needle, move yarn to back

Make 1 stitch: Insert left needle, from front to back, under strand of yarn which runs between last stitch on left needle and first stitch on right needle; knit this stitch through back loop.

Leaves and berries pattern:

Row 1 – k10, p1, k6, p1, k10

Row 2 – k6, ssk and pass (ssk, return this stitch back to the left needle, sl next stitch over the ssk st and sl back on right needle) yo, k1, yo, p1, k1, k2tog, yo twice, ssk, k1, p1, yo, k1, yo, sl - k2tog - pssso, k6.

Row 3 – k10, p1, k3, ktbl, k2, p1, k10

Row 4 – k4, ssk and pass, k1, (yo, k1) twice, p1, k2tog, yo, k2, yo, ssk, p1, k1, (yo, k1) twice, sl - k2tog - pssso, k4

Row 5 – repeat row 1

Row 6 – k2, ssk and pass, k2, yo, k1, yo, k2, p1, k1, k2tog, yo twice, ssk, k1, p1, k2, yo, k1, yo, k2, sl1 - k2tog - pssso, k2

Row 7 – repeat row 3

Row 8 - ssk and pass, k3, yo, k1, yo, k3 p1, k2tog, yo, k2, yo, ssk, p1, k3, yo, k1, yo, k3, sl1 - k2tog - pssso

Berries pattern:

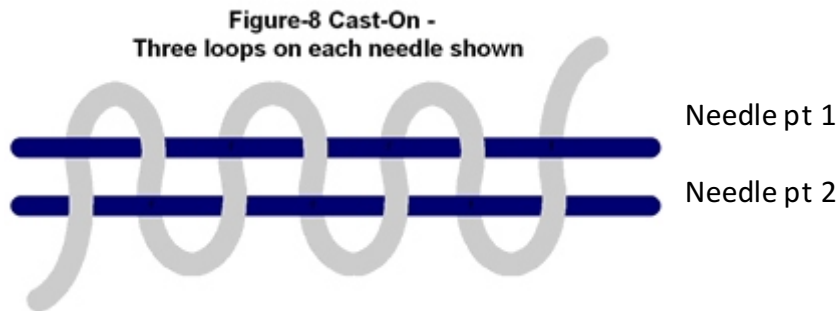
Row 1 - K1, k2tog, yo twice, ssk, k1

Row 2 - k6 (K, ktbl in yos)

Row 3 - k2tog, yo, k2, yo, ssk

Row 4 - K6

Take the points of the knitting and hold together as shown below; the needle will be halved. Cast on 16, 8 on each needle using the Figure 8 method for each ball of yarn if you are doing two at a time.



Knit down first half of stitches. Turn the work...pull the working needle through so it's long enough to knit with but the flexible needle cord is still halved. You always want half the stitches on each side of the needle. Now ktbl down the other side. It might take a bit to get used to knitting on one circular as you do it; it will make more sense.

Toe increase:

k1, m1, k 8 m1, k1 around both socks. 4st. added per sock

k1, m1, k 10, m1, k1 repeat around socks, 4 st added per sock

k1, m1, k 12, m1, k1 repeat around socks, 4 st added per sock
repeat pattern until there are 20 st total per sock

Now:

knit 1 row even

k1, m1, k to last stitch on section, m1, k1 repeat around both socks

repeat the above two rows until there are 56 sts/sock

Foot:

Row 1 of Leaves and Berries pattern, K 28

Row 2 of Leaves and Berries pattern, K28

Continue through row 8 of pattern

Repeat above foot reaches base of heel, about 2.25-2.5" shy of total foot length. My size 10 foot was 6 repeats.

Short Row Heel:

Begin working back and forth on one sock at a time...if you know how to work both heels simultaneously please share!

row 1 - slip 1st (minimizes the gap when returning to work in the round), k 27, SRW, turn

row 2 - p26, SRW, turn

row 3 - k25, SRW, turn

row 4 - k24, SRW, turn

repeat working one less st each row until there are 6 unworked stitches for the center of the heel. (if you have a wider/narrower heel work less/more sts as needed). the last row worked will be a purl row.

Turn heel:

next row - sl1, k16, *pick up wrap on st and knit together with st*repeat to end of wrapped sts, turn

next row - sl 1, p16, *pick up wrap on st and purl together with st* repeat to end of wrapped sts, turn

next row – k16, SRW, turn

next row – p6, SRW, turn

next row – k6, pick up wrap and k together with st, SRW, turn

next row – p7, pick up wrap and p together with st, SRW, turn

repeat working one more st each row before SRW until all wrapped stitches have been worked.

if working two socks on circular...knit across all back stitches and work second sock's short row heel. At the end of the second sock's heel, again knit all back stitches and get ready to work in the round again.

Leg:

Note, in order to minimize the gap created between the front and back of the sock when rejoining in the round, pick up one st between needles and knit together to the back (twists the st to fill in the gap better). I find it best to pick up so that the k 2 together through the back is on the back of the sock stitches.

Work the back stitches in stocking knit until you are ready to begin row one of the Leaves and Berries pattern.

Work Row 1 of Leaves and Berries around both socks

Work Row 2 of Leaves and Berries around both socks

Repeat until all 8 rows of pattern are complete.

Repeat Leaves and Berries pattern 3 more times. 4 repeats all together

Increase rounds:

m1p, work row 1 of Leaves and Berries pattern, m1p repeat

Work rows 2-7 of Leaves and Berries, p new stitches

* p1, work row 1 of Leaves and Berries pattern, p1, m2 (knit to the front and back of picked up stitch)*, repeat

p1, Work row 2 of Leaves and Berries, p1, k2

p1, Work row 3 of Leaves and Berries, p1, k2

Repeat through row 7

* p1, work row 1 of Leaves and Berries pattern, p1, m1, k2, m1, * repeat

p1, row 2 of Leaves and Berries, p1, k4

p1, row 3 of Leaves and Berries, p1, k4, etc. through row 8 of pattern

p1, work row 1 of Leaves and Berries pattern, p1, m1, k4, m1 repeat

p1, work row 2 of leaves and Berries, p1, k6 (etc. through row 8 of pattern)

Leg Continued:

p1, Row 2 of Leaves and Berries, p1, row 1 of Berries pattern,
p1, Row 3 of Leaves and Berries, p1, row 2 of Berries pattern,
Repeat pattern through row 8

Repeat above until 3" below knee...about 5 repeats of pattern.

Top:

Twisted Stitch Mock Cable Rib (T2 - twist 2 stitches, k 2nd st on left needle, leave on needle, k 1st st on left needle, slip both off needle)

Row 1: p1*k2, p2* repeat ** until last stitch then p1

Row 2: p1 * T2, p2* repeat**last stitch p1

Row 3: p1*k2, p2* repeat ** until last stitch then p1

Knit Twisted Stitch Mock Cable Rib for 3"

Elizabeth Zimmerman's sewn bind off:

Break yarn, leaving a tail at least 3 times longer than the edge you are binding off. Thread yarn tail on a tapestry needle, and work as follows:

*Draw tapestry needle through first 2 sts on knitting needle purlwise, bring tapestry needle around front of second st on knitting needle and draw back through first st knitwise, drop first st from knitting needle. Repeat from * until all sts are bound off.

Note: When doing two socks on 2 circular needles the bind off can get tricky at the end of a sock when you can't get to the next stitches, so I usually place the stitch waiting for a mate on a safety pin and then begin the bind off on the next sock. When I get back to the first sock I place the held stitch back on the appropriate needle and finish the bind off for the first sock.

